



LARRY A. HOFF ePOST 2100



Issue #89 AUGUST, 2020

COMMUNICATION IS POWER

TO OPT OUT OF OUR NEWSLETTERS, E-MAIL [MARIA KLENHARD](mailto:MARIA.KLENHARD)

OUR NEXT MEETING

AUGUST 20th at 7:30 PM, is slated for our next tele-meeting, by invitation, using GoToMeeting. E-mail me if you want an invite: commander@epost2100.org.

Our tele-meetings are provided for you to learn about and have input regarding your cyber Post. BTW, have you visited [Our Web site](#), lately?

OUR HELP DESK STANDS READY TO ASSIST US VETERANS WITH FREE COMPUTER-RELATED AID. [ROBERT MCTUREOUS](#) 404-304-1772



YOUR CYBER POST OFFICERS

Post Commander.....	ROBERT GREEN	770-786-8702
Senior Vice Commander.....	MARIA KLENHARD	916-952-7691
Junior Vice Commander	OPEN	
Adjutant.....	MARIA KLENHARD	916-952-7691
Finance Officer.....	MAC MCMILLAN	404-277-4280
Judge Advocate.....	TED RICHARDS	404-754-0415
Exec. Committee.....	ED MCMILLAN	770-757-6136
Sergeant-at-Arms.....	DAVID GREEN	
Service Officer.....	ED MCMILLAN	770-757-6136

COMMANDER'S CORNER

Each meeting, we recite our Preamble to the (American Legion) Constitution. Well, maybe some say it from memory and maybe others just listen. Either way, there is a reason for the recitations. Maybe several reasons.



OUR PREAMBLE

FOR GOD AND COUNTRY, WE ASSOCIATE OURSELVES TOGETHER FOR THE FOLLOWING PURPOSES:

- To uphold and defend the Constitution of the United States of America;
- To maintain law and order;
- To foster and perpetuate a one hundred percent Americanism;
- To preserve the memories and incidents of our associations in all wars;
- To inculcate a sense of individual obligation to the community, state and nation;
- To combat the autocracy of both the classes and the masses;
- To make right the master of might;
- To promote peace and goodwill on earth;
- To safeguard and transmit to posterity the principles of justice, freedom and democracy;
- To consecrate and sanctify our comradeship by our devotion to mutual helpfulness.

There are ten lines to the Preamble. I recall another list of ten things, but that is another story.

The lines list and attempt to remind us of those qualities and standards for which we stand.

We are told to uphold and defend the *Constitution of the United States of America*. Many people speak of the *Constitution*, but probably few really understand it and some even flaunt it.

Our *Preamble* tells us to maintain law and order, not to accept its being mistreated, as in many parts of today's America.

The third line mentions fostering and perpetuating and 100% Americanism. How do we veterans define Americanism and go about fostering and perpetuating it?

Wording was changed in the fourth line: preserving the memories and incidents of our association in all wars. How soon people forget and others even fail to learn about the scourge of warfare and the outcomes.

Next, we are told to inculcate a sense of individual obligation to the community, state and nation. The younger generations are often criticized for having few, if any, sense of responsibility, but are seen as self-centered, to their detriment.

You may review the remaining five lines for yourself.

Bob Green

770-786-8702

VA MEDICAL CARE HAS OPTIONS

As we mature (grow older), more and more time can be spent in health-related concerns, for ourselves and others.

We veterans have offered to us, an array of health services, mostly free:

https://maketheconnection.net/resources?gclid=EAlaIqObChMI86DG4Pnb6gIVzJyzCh3w7A74EAYASAAEglzGvD_BwE

The latest policy changes do have some caveats, but:

For specialty care, you can see private doctors at VA expense if you have to wait longer than 28 days or drive more than an hour to see a VA provider. Previously, if you who had to drive more than 40 miles or wait longer than 30 days, you could choose to see a private doctor paid for by the VA.

VA can pay for emergency medical care outside the United States if the emergency is related to a Veteran's service-connected condition

SPAM, NOT FOOD

Hope this is not wasted information for some of us, but being users of the Internet, we all have probably been annoyed by unwanted emails...spam.

Apart from just cancelling the spam, over and over, we can sometimes use our email programs to place the items in a spam blocker, junk block sender, or...unsubscribe (often at the bottom of the emails in small print, but in hyper-text.

Can spam senders use the unsubscribe to verify a live and responsive person? Yes. Might they sell your address to others? Yes. However, they will probably do none of the above and you will be rid of their solicitations without incurring more spam from others.

A similar stance can be had regarding unwanted magazines and the like, but not with all publications. Asking them to take you off their list(s) can't hurt, right?

Have you ever had your own emails to others denied be being considered spam? If so, follow the hyperlinks and ask to be cleared.

The American Legion Membership Application

LEGION ACT

(Name) (Date of Birth)

(Mailing Address) (Phone Number)


(City) (State) (Zip) (Post #)

(E-mail) Male Female (Gender) (Dues)

I certify that I served at least one day of active military duty since December 7, 1941 and was honorably discharged or am still serving honorably.

Please check appropriate service era and branch of service below

<input type="checkbox"/> Global War on Terror	<input type="checkbox"/> U.S. Army
<input type="checkbox"/> Gulf War	<input type="checkbox"/> U.S. Navy
<input type="checkbox"/> Panama	<input type="checkbox"/> U.S. Air Force
<input type="checkbox"/> Lebanon/Grenada	<input type="checkbox"/> U.S. Marines
<input type="checkbox"/> Vietnam	<input type="checkbox"/> U.S. Coast Guard
<input type="checkbox"/> Korea	<input type="checkbox"/> Merchant Marines (WWII only)
<input type="checkbox"/> WWII	
<input type="checkbox"/> Other Conflicts	



Signature of applicant Date Name of recruiter

30-009

Receipt of Dues (Please Print)

From _____ \$ _____ for 20 _____ Post # _____

Recruiter's Name _____

Recruiter's Signature _____

Recruiter's Phone # _____

Georgia Situation Report COVID-19



Published July 14, 2020 3:45 pm

Changes are in **RED**

Situation Report #117

Most Impacted Counties

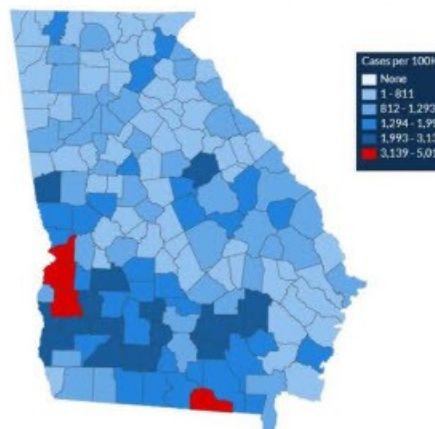
Counties	Cases	*Change	Fatalities
Gwinnett	11,882	+191	187
Fulton	11,354	+274	327
DeKalb	8,784	+166	183
Cobb	7,388	+153	256
Hall	3,928	+54	65
Clayton	2,984	+64	82
Muscogee	2,976	+87	63
Chatham	2,816	+107	39
Dougherty	2,182	+9	156
Lowndes	1,955	+47	19
Bibb	1,895	+170	43
Whitfield	1,869	+29	15
Henry	1,851	+42	34
Richmond	1,830	+71	62
Cherokee	1,828	+29	48
Troup	1,767	+11	38
Glynn	1,622	+33	10
Douglas	1,499	+38	40
Colquitt	1,278	-11	20
Forsyth	1,223	+30	15
Carroll	1,108	+7	40
Houston	1,017	+14	31
Bartow	1,013	+3	44
Clarke	1,007	+30	15
Unknown	1,571		2

Based on patient county of residence when known
 *Change in cases from last report
 Number in red indicates increase in cases

Cumulative Cases

	Positives	Fatalities
Georgia	123,963	3,054
U.S.	3,387,053	135,984
World	13,165,663	574,615

COVID-19 Confirmed Case Rate per 100,000 persons by County



*Current Confirmed COVID-19 Hospitalizations: 2,741
 **Does not include persons under investigation for COVID-19
 *** Pulled from DPH's 2:50 p.m. Status Report

Hot Topic

How to Wear Cloth Face Coverings

Cloth face coverings are an additional step to help slow the spread of COVID-19 when combined with every day preventive actions and social distancing in public settings.

Who should NOT use cloth face coverings: children under age 2, or anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

Cloth face coverings are NOT surgical masks or N95 respirators. Currently, surgical masks and N95 respirators are critical supplies that should be reserved for healthcare workers and other first responders. Visit [cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wear-cloth-face-coverings.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wear-cloth-face-coverings.html).

Fatality Statistics

Average Age	73.7 years old
Age Range	17 to 90+ years old
Male	1,560
Female	1,491
Unknown	3

References

www.DolNeedaCOVID19Test.com
www.dph.georgia.gov
www.gema.ga.gov
www.cdc.gov
www.coronavirus.gov

COVID-19 Hotline

(844) 442-2681

You can enlarge the above for easier reading.

A LIST OF NATIONAL HOLIDAYS

If you are wondering what to do with yourself, sheltering-in-place, here are enough celebrations to perhaps break the monotony:

[List of National Holidays](#)

Hopefully, you have better ways to occupy your time, but these "holidays" could prove a harmless distraction.

METHANOL CONTAMINATED PRODUCTS LIST FROM FDA

Be aware of hand sanitizers which have been labeled as poisonous by the FDA:

<https://www.fda.gov/drugs/drug-safety-and-availability/fda-updates-hand-sanitizers-methanol>

FROM OUR ADJUTANT, MARIA

PLEASE SEE BELOW TO ORDER A COPY OF YOUR DD-214 FORM ON LINE. THIS FORM WILL BE NEEDED FOR MANY APPLICATIONS SUCH AS THE VA, FUNERAL SERVICES, HONOR FLIGHT, ETC..

It's official; DD-214's are NOW Online. Please pass on to other Veterans.

THE NATIONAL PERSONNEL RECORDS CENTER (NPRC) has provided the following web site for veterans to gain access to their DD-214s online:

<http://vetrecs.archives.gov/> or try <http://www.archives.gov/veterans/military-service-records/>

This may be particularly helpful when a veteran needs a copy of the DD-214 for employment purposes.

NPRC is working to make it easier for veterans with computers and Internet access to obtain copies of documents from their military files. Military veterans and the next of kin of deceased former military members may now use a new online military personnel records system to request documents.

Other individuals with a need for documents must still complete the Standard Form 180, which can be downloaded from the online web site.

Because the requester will be asked to supply all information essential for NPRC to process the request, delays that normally occur when NPRC has to ask veterans for additional information will be minimized.

The new web-based application was designed to provide better service on these requests by eliminating the records center's mail room and processing time.

Please pass this information on to former military personnel you may know and their dependents.